

The **Project INTERFACE assisted referral line** helps families in finding appropriate mental health services. A licensed health professional helps callers consider resources in and around Wellesley in order to identify mental health service providers with the desired specialty, payment options and openings.

Wellesley area assisted referral: (617) 332-3666 x411

The assisted calling hours Monday through Friday are 9am until 5pm.

This service to Wellesley area families is initiated through collaboration of Adolescent Wellness, Inc. and Project INTERFACE, an initiative to improve the integration of mental health services within a community. A major goal of the project is to enhance access to mental health services for children and families. This project was successfully piloted over the past two years within the city of Newton and is now available for Wellesley area families.



The Project INTERFACE web site, www.projectinterface.org, provides information related to mental health questions and services for children and families, including a calendar of community trainings and events.



Adolescent Wellness (www.AdolescentWellness.org) shares resources developed by Children’s Hospital Boston and McLean Hospital to help individuals and communities act to prevent depression. The Community Starter Kit helps families, youth program leaders (including clergy and Scouts), or school staff enhance resilience, awareness, coping and referral. Adolescent Wellness also provides relevant books for the youngest readers to libraries, including the Wellesley Free Library.

Depression prevention is an ongoing process of building skills of resilience - including problem solving, flexibility, and sense of purpose - appropriate to a person’s emotional maturity, along with awareness of symptoms and the language of referral for treatment.